

SERVING CLINIC



Coed Grades 7-12

The Serving Clinics are offered throughout the summer and are an amazing opportunity for girls grades 7-12 to work on their serves before their school seasons in the fall.

We will focus on breaking down the serving fundamentals, including arm swing, hand contact, footwork, torque, and routine/mindset, with the goal of increasing accuracy, power, and difficulty. As serving is such an individual and personal skill, we will also introduce different types of serves to find the best serve for each athlete.

This class is for incoming Grade 7-12 athletes of all levels. Athletes will be grouped by age and skill level.

COST: \$95 per athlete

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