

# MIDDLE SCHOOL ALL SKILLS

## Coed Grades 5-7

Middle School All Skills classes are a perfect introduction to volleyball or continuation of our Middle School classes or Regional/Club team. These classes focus on teaching fundamentals through repetition and technical skill-building, playing mini-games a lot to understand HOW to transfer your skills to a game setting, and building well-rounded athletes who can execute a variety of skills and play various positions. All athletes will leave Middle School All Skills having made significant improvements over the course of the week!

*Middle School All Skills camps are appropriate for incoming Grades 5-7 athletes of all levels of play and experience. Courts will be grouped by age and skill level.*

**COST:** \$185-\$285 per athlete  
*(varies by week)*

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