



POSITION ACADEMIES

Coed Grades 8-12

NEVBC Academies offer six hours of intensive training focused on positional skills to provide maximum practice opportunities while improving abilities. Each academy is tailored to break down and enhance the essential skills needed for success in specific positions, allowing athletes to refine their talents in a dynamic and competitive setting.

Positional Academies are for high level Intermediate and Advanced athletes in Grades 8+.

COST: \$210 per athlete per class

» [REGISTER HERE](#)

Note: *Our Position Academies can be 1, 2, or 3 day programs!*

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Libero Academy will focus on skills that are vital to being a successful and well-rounded libero: Serving, Serve Receive, Defense, Covering & Out of System Setting. This camp is INTENSE and will include a lot of defensive and hustle reps!

Setter Academy will emphasize the importance of consistent footwork and handwork in a high rep training environment. Athletes will learn and perfect their technique for Front Setting, Back Setting, Set Tempo, Attacking, and Jump Setting.

Attacking & Blocking Academy will be a competitive camp aimed at teaching effective kill techniques and blocking strategies for all court zones. Open to all attackers (OH, OPP & MH), participants will hone skills in serve receive attacks, transition attacks, shot selection (e.g., wrist away, cross body, tipping), and blocking techniques including footwork, handwork, and timing.

Serving & Passing Academy is designed to be an INTENSE and HIGH-REP session to improve the consistency and power of your serve and to fine-tune your footwork, communication and angles in serve receive.

