

Girls Club Open House

Core Values

Growth
Simplicity
Competition
Commitment



Goals

- Cultivate a lifelong love of volleyball and competition
- Create a positive volleyball culture
- Develop the best teams in the region at all ages

Our Leadership Team



Cat Dailey
Minyard
Co-Founder &
Director



Jon Mercado
Co-Founder &
Boys Club
Director



Shawn Hoyt
Youth &
Regional
Director

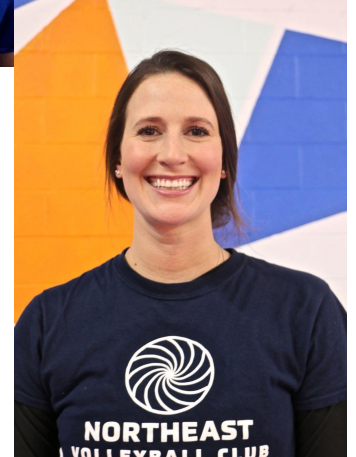


Garrett
Minyard
Co-Founder &
Director

Frog Ogilvie
Director of
Operations &
Summer
Camp



Kate Foeman
Director of
S&C; Travel
Coordinator



60+ Athletes Committed to College Volleyball

COLGATE



FURMAN
PALADINS



Ole Miss



Club: Vermont, Cornell, Maryland, & more!

Our Coaches



Open

Team Coaches

18.1

Dr. Frog Ogilvie



Jana Kmec



17.1

Garrett Minyard



16.1

Joe Liousfi



Ryan Kenny



Open

Team Coaches

14.1

Luci Bojanjac



Tristan McDonough



15.1

Rony Gilot



Steph Stone



Club

Team Coaches

18.2

Sam Wikman



17.2

Katie Drenzo



16.2

Cam Roth



Club

Team Coaches

16.3

Sebastian Podluka



15.2

Steph Stone



Henryk Teraszkiewicz



14.2

Sandy Doski



Club

Team Coaches

13.1

Ryan Kenny



Olivia Traina



12 Orange

Camelia Micu



12 Blue

Cat Dailey Minyard



Leadership in our Community



USAV, JVA, AAU & AVCA Member Club

Received 2020 AVCA Innovation Award
for our work during COVID-19 pandemic

Three AVCA Convention presentations
in December 2022 and December 2023

30+ athletes received financial aid from
Nectar Fund & NEVBC in '22-23 season

NEVBC Recruiting Camp connected
over 75 athletes with 25+ College
Coaches

Launched Adaptive Volleyball in 2023



Our Home - The NAC



6 professional-caliber courts

Taraflex floor for injury prevention

Spectator area & parent lounge

Air conditioning & humidity control

S&C weight room

Indoor turf field area



Tryouts

Tryouts Overview

- Open to all skill levels
- Closed tryout - parents may not stay and watch tryouts
- Must attend at least 1 session, recommended to attend both sessions**
- If only attending 1 session, email garrett@northeastvbc.com and admin@northeastvbc.com.

*****If you can't attend tryouts, we accept video submissions! You must register for tryouts and email your highlights and/or game film to garrett@northeastvbc.com & admin@northeastvbc.com by Sunday, November 5th (U12-U14) or Thursday, November 10 (U15-U18) to be considered.***



Tryout Schedule - U12 , U13, U14

Date	Age Group/Times
Monday, November 6th	U12 & U13: 4:00 - 6:00 PM U14: 7:00 - 9:00 PM
Tuesday, November 7th	U12 & U13: 4:00 - 6:00 PM U14: 7:00 - 9:00 PM

Tryout Schedule - U15

Date

Age Group/Times

Monday, November 13th

U15 (Wave #1): 4:00 - 6:15 PM

U15 (Wave #2): 6:45 - 9:00 PM

Tuesday, November 14th

U15 (Wave #1): 4:00 - 6:15 PM

U15 (Wave #2): 6:45 - 9:00 PM



Tryout Schedule - U16, U17 & U18

Date	Age Group/Times
Thursday, November 16th	U16 (Wave #1): 4:00 - 6:15 PM U16 (Wave #2): 6:45 - 9:00 PM
Friday, November 17th	U17 & U18: 5:00 - 7:00 PM
Sunday, November 19th	U16 (Wave #1): 9:00 - 11:15 AM U16 (Wave #2): 11:45 - 2:00 PM U17 & U18: 4:00 - 6:00 PM



Tryouts Registration Process

1. Register for tryouts on [League Apps](#)
2. Check which age group you should register for with the [2023-2024 USAV Age Definition chart.](#)

2023-2024 USA Volleyball Age Definition Chart (by birth month and year)										
USAV Age Level >>>	9 & under	10 & under	11 & under	12 & under	13 & under	14 & under	15 & under	16 & under	17 & under	18 & under
Grade*	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th
JUL	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
AUG	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
SEP	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
OCT	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
NOV	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
DEC	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005
JAN	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
FEB	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
MAR	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
APR	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
MAY	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
JUN	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006

****Registration is mandatory to attend tryouts****



Evaluation & Selection Process

We take pride in our evaluation process having integrity and being fair. Athletes will be evaluated using both quantitative and qualitative metrics, by a number of coaches over the course of their time in the gym.

We ensure a fair evaluation by briefing our staff about bias and excluding the evaluations of any athlete's current high school coach who may be part of our staff.

Evaluation & Selection Process

[*Check out our Girls Tryout FAQ for more information!](#)

Four key criteria are weighed when evaluating athletes:

- 1) Current Skill Level** - "General Skills" and "Position Specific"
- 2) Physicality (i.e. height, speed, vertical jump)** - Especially on Open teams
- 3) Coachability & Mindfulness** - Ability to get feedback & make changes
- 4) Leadership & Communication** - Essential to volleyball!

Other factors: Volleyball IQ, Commitment Level, Work Ethic, & Attitude



Pre-Tryout Clinics

12/13's - Wednesday, Nov 1st | 4:30-6:00 PM

14's - Wednesday, Nov 1st | 6:30-8:00 PM

15's - Friday, Nov 10th | 4:30-6:30 PM

16's - Friday, Nov 10th | 7:00-9:00 PM

\$30-40 per athlete

ALL proceeds benefit the [Nectar Volley Fund](#),
NEVBC's 501c3 scholarship fund.

[PRE-TRYOUT CLINIC REGISTRATION](#)**

**If session is full, register for the waitlist and you may be added in.*



What's new this year?

- Saturday Practice Format
- Curriculum
- More Travel
- S&C Format / Trainers
- *NEW* Recruiting Coordinators
- Balltime A.I. App



Team Names and Programs

Open Teams

18.1 17.1 16.1 15.1 14.1

Club Teams

18.2 17.2 16.2 16.3 15.2 14.2 13.1 12.1 12.2

Regional Teams

17 Blue

16 Blue

15 Blue

14 Blue

17 Orange

16 Orange

15 Orange

14 Orange

16 Black

15 Black

14 Black



Financial Aid



EVERYONE CAN PLAY

APPLY NOW

LET'S CHAT!

Application Process

Athlete's Last Name *

Athlete's Last name

Athlete's First Name *

Athlete's first name

Athlete's Birthday *

Select a date



Athlete's School *

School

Home Street Address *

Address

City *

City

State *

State

Zip Code *

Zip Code

Please specify 'Age Group' (U12, U13, U14, U15, U16, U17, U18) *

Add answer here

Parent/Guardian First Name *

First Name



Parent/Guardian Last Name

Last Name



Parent/Guardian Email *

Email



Parent/Guardian Cell Phone *

Phone



ALL Parent(s)/Guardian(s) are required to upload your 2022 IRS Form 1040 or 1040A in order to be considered for financial aid.

If you are having trouble uploading the file please take a picture or scan and email to info@nectarvolley.org.

Upload File +

www.nectarvolley.org

- All aid matched 100% by NEVBC
- Reviewed by independent board (no NEVBC coaches or directors)
- Independent of team selection process
- Applications due before tryouts
- Tax forms required

Nectar Volley Fund & Financial Aid

Ways to Donate:

- Visit www.nectarvolley.org/donate
- Venmo: [@nectarvolley](https://venmo.com/@nectarvolley)
- Check to Nectar Volley - drop off with NAC front desk
- **All donations will be matched at 100% by NEVBC (\$500 donation = \$1000 in financial aid awards!)**

How to Apply: www.nectarvolley.org

Questions? Please contact info@nectarvolley.org.

Regional Teams



Regional Teams

Program Emphasis:

- Building effective training habits & skills
- Having FUN while training and competing
- Equitable playing time opportunities
- Support multi-sport athletes

Team # and Roster Size:

- 2-3 teams per age group
- Roster size: 10 athletes

Schedule

- 20 week season (Dec 3 - April 29)
- 3 multi-day tournaments
- 3 single-day tournaments



2023 Program Success

<u>Team</u>	<u>Regional Ranking</u>	<u>Varsity Team</u>
Northeast 17 Blue	4th	100%
Northeast 17 Orange	45th	
Northeast 16 Blue	19th	
Northeast 16 Orange	52nd	68%
Northeast 16 Black	98th	

2023 Program Success

<u>Team</u>	<u>Regional Ranking</u>	<u>Varsity Team</u>
Northeast 15 Blue	22nd	
Northeast 15 Orange	45th	
Northeast 15 Black	18th	37%
Northeast 14 Blue	41st	
Northeast 14 Orange	60th	
Northeast 14 Black	66th	

Regional Teams Practice Schedule

Tryouts - All tryouts will occur with the Open and Club teams.

Season - December 3 - April 30

Friday Practices

- 5:00 - 7:00

Sunday Practices

- 9:00-11:00 or 11:30 - 1:30

USAV Officiating Training Day

- Dec 16 - Compete Day

In-House Program

Athletes who are not selected for our Regional team program may be invited to be on a team in our In House Program, which trains on Sunday afternoons.

Teams will receive high level 6 v 6 training and many opportunities for gameplay in practice!



Regional Teams Tournaments

- Champions League Single Day - Locations TBA
- Volleyfest - Springfield MA (U14-U16),
Providence, RI (U17)
- AAU Grand Prix - Mohegan Sun, CT
- Champs League Finals - Locations TBA



In House Teams

Athletes who are not selected for a Regional team may be invited to a team in our In House Program, which trains on Sunday afternoons.

In House Teams will receive high level 6 v 6 training by NEVBC coaching staff and many opportunities for skill development and gameplay in practice!

Schedule: Sundays, Dec 3 - May 5



Club Teams

2023 Program Success

<u>Team</u>	<u>Regional Ranking</u>	<u>Key Accomplishment</u>
Northeast 17.2	8th	AAU Fun @ The Sun 17 Club Champions
Northeast 16.2	7th	AAU Grand Prix 16 Club Champions
Northeast 16.3	10th	AAU Champs League 16 Club Champions
Northeast 15.2	12th	AAU Grand Prix 15 Club Champions

2023 Program Success

<u>Team</u>	<u>Regional Ranking</u>	<u>Key Accomplishment</u>
Northeast 14.2	9th	AAU Champs League Regular Season 2nd Place
Northeast 13.1	7th	AAU Champs League 13 Club Champions
Northeast 12.1	2nd	AAU Champs League Finals U12 Champions
Northeast 12.2	15th	AAU Champs League Finals U12 8th Place

Club Teams

Program Emphasis:

- Learning systematic play & training fundamentals
- Competitive tournament schedule with equitable playing time opportunities

Roster Size:

- 10-11 Roster & 2-3 Practice Players

Schedule

- 26 week season (November - May)
- 18.2 = 21 week season (Nov-April)
- 3x weekly practices / 1x weekly S&C workout
- 5 multi-day tournaments



Club Teams Practice Schedule

12.1 & 12.1

Tuesday

4:15-6:45 PM

Sunday

11:30-1:30 PM

13.1

Tuesday

4:00-6:00 PM

Wednesday

6:00-8:00 PM

14.2

Tuesday

6:30-9:00 PM

Wednesday

6:30-8:30 PM

15.2

Tuesday

6:30-9:00 PM

Wednesday

5:00-7:00 PM

16.3

Tuesday

6:30-9:00 PM

Wednesday

5:00-7:00 PM

16.2

Wednesday

7:00-9:30 PM

Thursday

7:00-9:30 PM

17.2

Wednesday

7:00-9:30 PM

Thursday

7:00-9:30 PM

18.2

Wednesday

7:00-9:30 PM

Thursday

7:00-9:30 PM

Club Teams Tournaments

Key Events:

- Winterfest - Hartford, CT (All)
- AAU Grand Prix - Mohegan Sun, CT (All)
- Boston Festival - Boston, MA (All)
- Rhode Island - Providence, RI (All)
- Fun at the Sun - Mohegan Sun, CT (All)

What's New

- Irish Rumble - Lancaster, PA (U12-U15, U16 Club 2)
- NEQ - Philadelphia, PA (U16 Club 1, U17, U18)
- North Atlantic Championships - Hartford, CT (All)



Open Teams

2023 Program Success

<u>Team</u>	<u>Regional Ranking</u>	<u>National Ranking</u>
Northeast 18.1	4th	215 / 2,325 (Top 9%)
Northeast 17.1	1st	132 / 3,027 (Top 4%)
Northeast 16.1	2nd	336 / 4,948 (Top 7%)
Northeast 15.1	1st	238 / 4,823 (Top 5%)
Northeast 14.1	1st	198 / 5,947 (Top 3%)

Open Teams

Program Emphasis:

- Train to compete at the next level
- Exposure to tough competition around the country
- Playing time based on merit

Roster Size:

- 10-11 Rostered & 2-3 Practice Players

Schedule

- 30 week season (Nov - June)
- 18.1 = 21 week season (Nov - April)
- 3x weekly practices / 1x weekly S&C workout / 1x weekly Conditioning
- 8-9 multi-day tournaments



Open Teams Practice Schedule

14.1

Tuesday

7:30-9:30 PM

Wednesday

Practice - 5:00-7:00 PM

Lift - 7:00-8:00 PM

15.1

Tuesday

7:30-9:30 PM

Wednesday

Practice - 7:00-9:00 PM

Lift - 6:00-7:00 PM

16.1

Tuesday

Practice - 6:30-9:00 PM

Lift - 5:00-6:00 PM

Wednesday

4:00-6:30 PM

17.1

Tuesday

Practice - 4:00-6:30 PM

Lift - 6:30-7:30 PM

Wednesday

4:00-6:30 PM

18.1

Tuesday

Practice - 5:00-7:30 PM

Lift - 7:30-8:30 PM

Wednesday

4:00-6:30 PM



Open Teams Tournaments

Key Events:

- Florida Fest - Ft. Lauderdale, FL (U18)
- Charm City - Baltimore, MD (U14-U17)
- Capitol Hill - Washington, DC (All)
- Boston Festival - Boston, MA (All)
- Big South - Atlanta, GA (U16-U17)

What's New

- Top Series in December & May (All)
- JVA Rock N' Rumble - Cleveland, OH (U14-U17)
- JVA World Challenge & JVA Nationals (All)
- AAU Nationals (U14-U17) & USAV Nationals (U18)



Strength & Conditioning



NORTHEAST

STRENGTH & CONDITIONING

1's (Open) Teams:

- Weekly Team Lifts in NAC Weight Room
- High Intensity Conditioning OR Recovery Sessions

2's & 3's (Club) Teams:

- Essential Circuits with sport-specific conditioning and strength training (weekday practices)

All Teams:

- Can register for [Northeast S&C classes](#): *Speed & Agility, Strength, & Vert Classes*

S&C Director: kate@northeastvbc.com



Partnerships



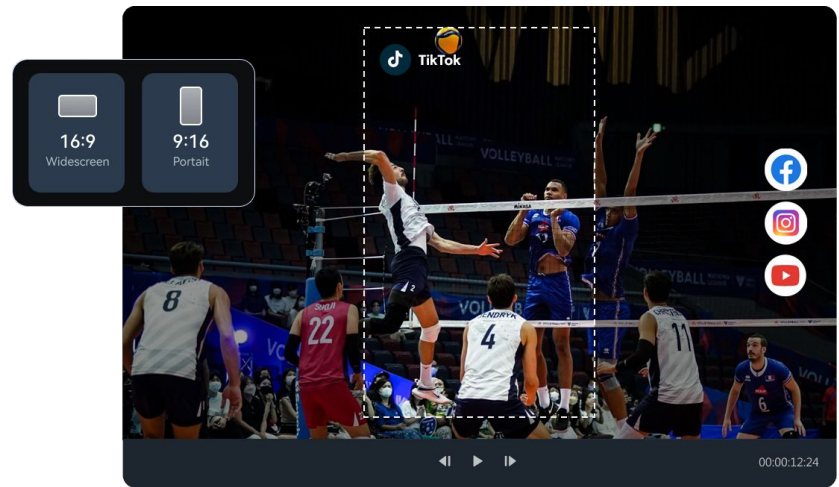
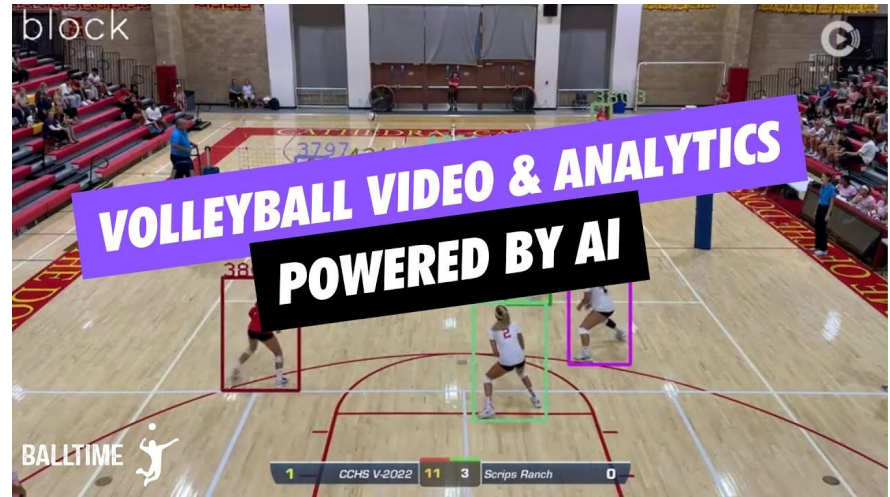
BALLTIME



New Partnership this year
U13+ Club & Open teams

Benefits of Balltime A.I.

- Create highlight videos faster
- Easily make Reels and vertical format videos
- Easily export to Youtube
- Comprehensive stat breakdowns & reports



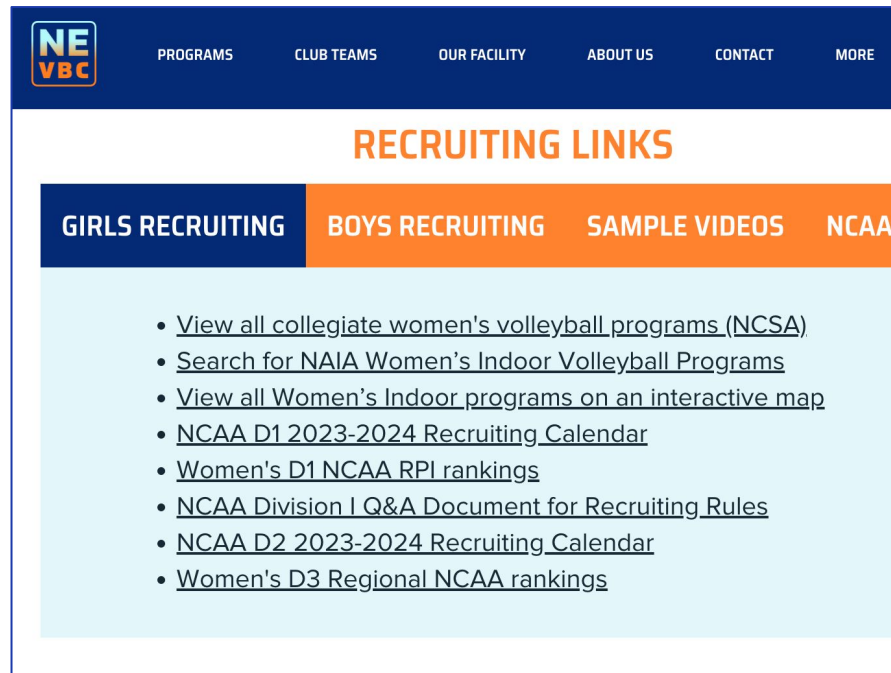
College Recruiting

Our College Recruiting team (Cat, Ryan, Brendan, & Ian) guides athletes through the recruiting process.

- **Meetings:** Athletes can book virtual meetings via Calendly
- **Feedback:** Review videos & emails
- **Exposure:** Networks of coaches
- **SportsRecruits** - *Optional add-on (digital recruiting platform)*

All Recruiting Services INCLUDED in tuition

Recruiting Team: recruiting@northeastvbc.com / cat@northeastvbc.com



NE VBC

PROGRAMS CLUB TEAMS OUR FACILITY ABOUT US CONTACT MORE

RECRUITING LINKS

GIRLS RECRUITING **BOYS RECRUITING** SAMPLE VIDEOS NCAA

- [View all collegiate women's volleyball programs \(NCSA\)](#)
- [Search for NAIA Women's Indoor Volleyball Programs](#)
- [View all Women's Indoor programs on an interactive map](#)
- [NCAA D1 2023-2024 Recruiting Calendar](#)
- [Women's D1 NCAA RPI rankings](#)
- [NCAA Division I Q&A Document for Recruiting Rules](#)
- [NCAA D2 2023-2024 Recruiting Calendar](#)
- [Women's D3 Regional NCAA rankings](#)

www.northeastvbc.com/recruiting



60+ Athletes Committed to College Volleyball

COLGATE



FURMAN
PALADINS



Ole Miss



Club: Vermont, Cornell, Maryland, & more!

Uniforms



Ren Athletics

Boy's Open Team - Mandatory Package Starting at \$0.00



FLEX CUSTOM
SLEEVELESS JERSEY -
LIGHT BLUE

+



FLEX CUSTOM
SLEEVELESS JERSEY -
ORANGE

+



FLEX CUSTOM
SLEEVELESS JERSEY -
NAVY



FLEX CUSTOM
TRAINING SHORTS -
BLACK

+



TWO-WIND JACKET -
BLACK/CHARCOAL

+



Build Bundle

*Uniform orders are
due the same day as
team acceptance!*

Questions about Uniforms?: frog@northeastvbc.com



All Teams



All Teams



Open Teams





Thank you!

See you at tryouts!

